

TRAINING FOR YOUTH WORKERS

Never Behind Again!

TRAINING ON MIGRANT GIRLS' INCLUSION THROUGH SPORTS

*3-6 November 2023
Sofia, Bulgaria*



MIGIS
MIGRANT GIRLS
IN SPORT
NEVER BEHIND AGAIN!



Co-funded by
the European Union

FOR WHOM



This learning opportunity is open for 20 people from Bulgaria, Greece and Italy.



Priority is given to participants with fewer opportunities.

As a PARTICIPANT, you are:

- 18+ years old
- Comfortable talking in English (at least B2)
- At least 3-year experience working with youth - especially if with migrant background
- Previous experience in sport activities is a plus
- Availability to participate in person to the workshop in Sofia and to commit to follow-up activities
- To be based in Italy, Greece or Bulgaria
- Creative and interested in working in multicultural and diverse environments

APPLY HERE

INTRO

Migrant Girls in Sport - Never Behind Again! is a dynamic and engaging training designed to address the specific needs and obstacles faced by migrant girls in the realm of sports.

Throughout this training, we will explore ways to facilitate inclusion through a mix of group work and interactive sports activities, enhancing the overall well-being and empowerment of migrant girls.

By nurturing our own initiative and leadership skills, engaging in meaningful discussions with each other, and participating in interactive games, we will develop a comprehensive understanding of the challenges faced by these girls in our communities and equip ourselves with the tools we need to support them.



ABOUT MIGIS

MiGiS - Migrant Girls In Sports is a 1-year project focused on enabling educators in formal and non-formal education to use sports as a mean of inclusion of migrant girls.

We find that sports are a fruitful field for all children to experience the importance of teamwork, of taking the initiative and learning how to act in a leadership role. In sports, kids learn through experience the act of inclusion and synergy - and for marginalized populations such as young girls with a migrant background, an environment like this is essential.



Our training goes beyond theoretical knowledge. As a participant, you will have the unique opportunity to:

- Gain practical input
- Experience its power first hand during interactive sessions
- put it into practice for your communities back home

Are you ready?

Join us in Migrant Girls in Sports - Never Behind Again, and let's make a difference in the lives of migrant girls together!

WHAT CAN YOU GET OUT OF IT

In Trainings, we say:

“As much as you're gonna put it, that much you're going to get out of it.”

That is the mindset we would like to bring on the table. **You are choosing your own learning and we will provide you support in the process.**

Still, we set up certain learning goals and here are our expectations. As a participant, you will have the chance to:

- Learn about discrimination migrant children face in everyday life
- Learn about discrimination migrant girls face in sports
- Obtain tools so you can support these groups as a youth worker back home
- Practice them in a supporting learning environment, and later transmit them to your local communities



WHAT CAN YOU GET OUT OF IT

You will also offered the possibility to:

- Practice cooperation in intercultural teams, active listening, empathy, sense of solidarity and inclusion
- Boost your facilitation and leadership skills

However, this all what we are going to be doing is strongly connected and to support **your own local reality**. Our focus is not just to educate you, but to educate you specifically on how you can empower your community through their own specific context and challenges.

For this, we would like to invite you to bring your own learning goals and skills you would like to cultivate. This program is meant to be everyone's co-creation, so everyone can get the most out of it!



WHAT IS EXPECTED OF YOU

This is a holistic program, aimed to equip you with the skills and the confidence to practice them for the long run. Thus, it has been designed with multiple 'circles' of input, experimentation, and feedback until May 2024.

You are expected to **actively participate and be committed in all phases before, during, and after the mobility.**



Here's what's happening
AFTER the mobility:

- Arranging of **practicals**, reimbursements, and evaluation of the training **[December 2023]**
- **Local Workshops in Schools:** each national team will organize two 3-day workshops in local schools **[Feb - April 2024]**
- **Podcast Making:** lead by experts, you are going to create 2 podcasts with the students and educators of your local schools on good practices and your main learnings from this process **[April - May 2024]**

By applying for this project, you are committing to all these phases.

THE TIMELINE OF THE PROJECT



✦ DURING THE TRAINING

- **Arrival of Participants:** 3 November
- **Program Days:** 3-6 November
- **Departure:** 6 November

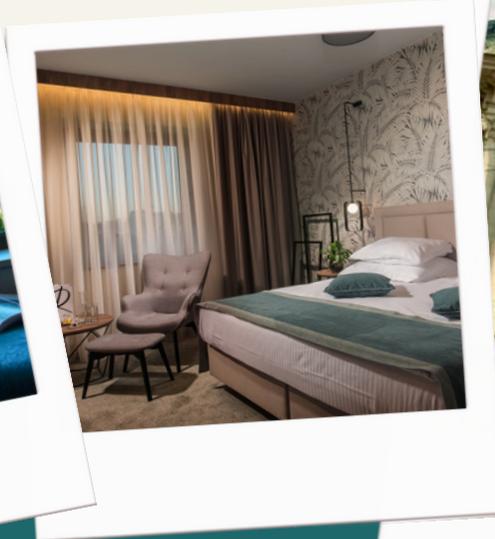
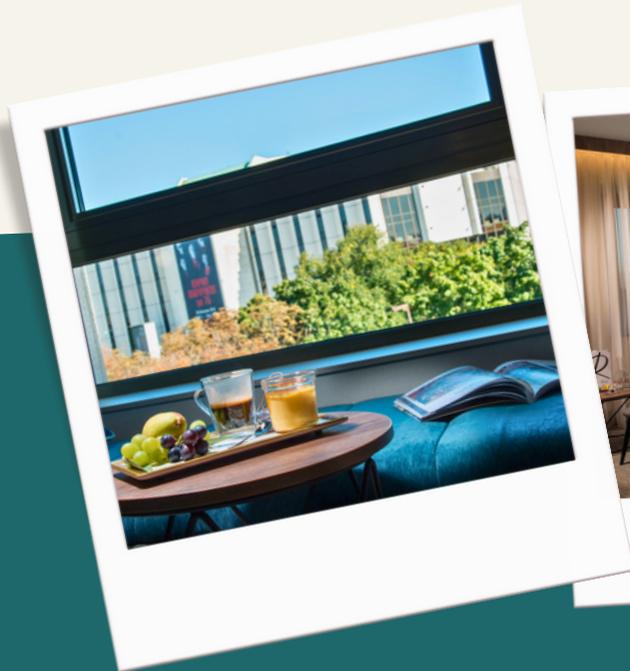
✦ AFTER THE TRAINING

- **Evaluation & Practicals:** December 2023
- **Local Workshops:** Feb - April 2024
- **Podcasts:** April - May 2024

THE VENUE

Our program is full of exercises, conversations, and lots of movement. In our free time, we will explore the beautiful historic city of **Sofia**.

As for our accommodation, we are going to be hosted in the 4-star **Rosslyn Central Park Hotel Sofia**



COSTS



Accommodation, food, and program materials are provided through co-funding from Erasmus+ program

SUSTAINABLE TRAVELLING

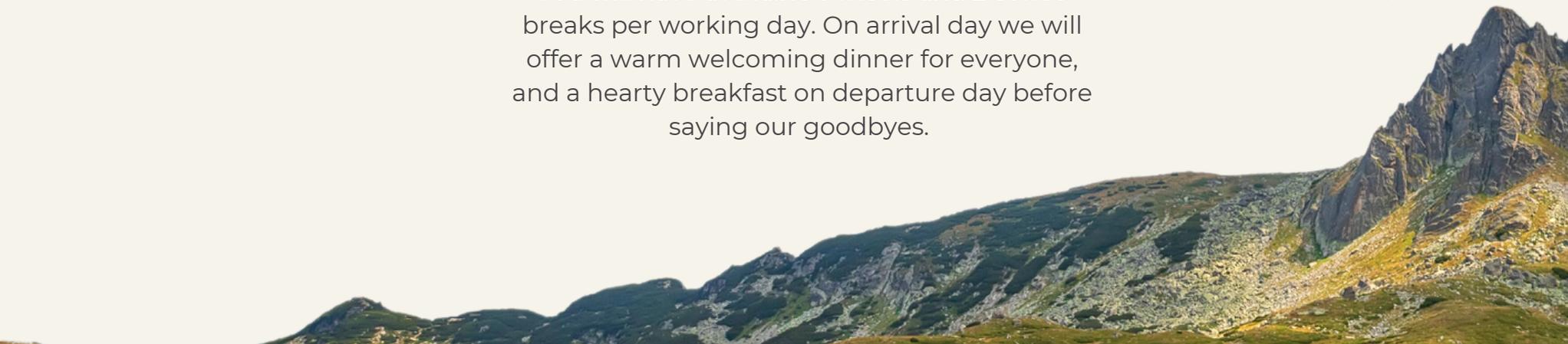
As we are eco-conscious organisations, we promote sustainable travelling. We invite you to use more ecological means of transport, such as buses and trains whenever possible.

TRAVEL REIMBURSEMENT

Greece - up to 200 EUR
Italy - up to 200 EUR
Bulgaria - depending on your area

MEALS

You will have available 3 meals and 2 coffee breaks per working day. On arrival day we will offer a warm welcoming dinner for everyone, and a hearty breakfast on departure day before saying our goodbyes.



THE TRAINERS



The training is led by the following **team of experts:**



YAVOR PESHLEEVSKI & MAYA KARAMARINOVA

- Internationally certified **Safeguarding experts** and current acting Safeguarding Officers at the Bulgarian Athletic Federation
- Legally qualified Mediators
- Pioneers of the concept ‘Mediation in Safeguarding in Sport’

SERENA BERNARDINI

- **Social inclusion and human rights expert**
- Academic background in International Relations and Transnational Crime and Justice
- Involved in different field missions to the border related to migrant protection
- Experienced in international cooperations for social inclusion of minorities

CHIARA DI GAETANO

- Academic background in **Global Governance, ethics and conflict resolution.**
- Trained in international humanitarian law and human rights, including protection mechanisms for children and women.
- Over 7 years of working experience in development and humanitarian contexts and in the promotion of human and civil rights.

MICHELE PAOLINI

- **Research expert and project development**
- Academic background in International Relations, Cooperation and Development
- Over 3 years of experience in international cooperation projects related to social inclusion and fight against social marginalization
- Management of european research & development projects on education and social inclusion

PARTNERS

COUNTRY

PARTNER

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ARE YOU IN?

[APPLY HERE](#)

